



10 OUTSTANDING ACHIEVEMENTS OF CPFV IN 2023

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1. Communications to raise awareness about Cerebral Palsy in society

The vibrant GoGreen4CP Green Campaign in October 2023 made many noteworthy observations. The parade to honor “Action Month for Children and People with Cerebral Palsy in Vietnam” and the 5th charity run event “Nang buoc chan em” attracted over 1,000 participants to fundraising for children with Cerebral Palsy.

Interactive activities included display booths for World Cerebral Palsy Day on October 6, the Art exhibition "Le La" of adults with Cerebral Palsy, and the program "Beloved Green Cards" sent by everyone to children with Cerebral Palsy,...

Increasing recognition and appearance is evidenced on national television channels and prominent newspapers.



2. Parent support programs

21 psychological support sessions for parents to cope with anxiety and 20 professional training sessions to improve parents' ability to care for and accompany their children were conducted.

The series “**Điểm hẹn cuối tuần**” provides psychological support, peer counseling, and Building Parental Capacity which is broadcast every Sunday evening. Its value is connecting with professionals of various expertise or parents with extensive experience accompanying their children. Furthermore, this thematic series is also a forum for parents to meet, share, soothe their minds, and improve their knowledge about care, treatment, and support for their children.

The project “**Chăm con cho mẹ đi làm**” is being implemented in Hanoi and got good attention from the media. It provides a free childcare facility where parents can leave their children to make ends meet for the family, address basic personal needs, and recharge their batteries to accompany their children better. Currently, 10 children participate regularly every week, while others come to class on days when their parents are busy.



3. Rehabilitation for children with Cerebral Palsy



The project "Thoát khỏi sàn nhà" to support community-based rehabilitation for children with Cerebral Palsy nationwide is continuing and developing, achieving the following outcomes:

- 10 programs of examination, assessment, health care, rehabilitation, and orthopedic surgery for nearly 1,000 children and adults with Cerebral Palsy were organized;
- 109 orthopedic and positioning support devices (including wheelchairs, assistive equipment, leg braces, etc.) were given to children with Cerebral Palsy
- For the first time, the program "Multidisciplinary Combination in Orthopedic Surgery Treatment for Children with cerebral palsy" was launched with the cooperation of a group of Australian doctors, Prof. Tran Anh Ton, Department of Pediatric Orthopedics at the National Children's Hospital and CPFV. The program was carried out to examine 134 children and prescribe for 43 children, of which 17 completed surgery and achieved positive results after surgery.



4. Inclusion and vocational counseling

A highlight in activities promoting inclusion is the awarding of 110 “Sieu nhan den trung” scholarships at the Temple of Literature and Quoc Tu Giam to children with Cerebral Palsy studying the inclusive education program. It has been five years since the first scholarship program for children with Cerebral Palsy of the Inclusion and Vocational Counseling Club. The event is being spread more widely with the message of learning opportunities and parental involvement encouraging children to attend school.

“Lop hoc Sieu nhan” - an inclusive class for children with Cerebral Palsy on weekends is increasingly expanding with many diverse forms of learning and extracurricular activities, attracting many children with Cerebral Palsy to participate.



5. Promotion of the development of adults with Cerebral Palsy



The adults with Cerebral Palsy are being proactively assisted with allocating the annual operating budget, supporting livelihoods, and creating favourable conditions for the activities of the **Adults Living with Cerebral Palsy Club**. In 2023, the club hosted many activities to promote independent living among members, such as organizing field trips, vocational counseling, job-creating, art exhibiting, and caring about members' lives.

6. Livelihood programs and projects

30 parents and 13 adults with CP were given jobs through direct employment, livelihood support, or loans.

The project "Job and Vocational Counseling" was implemented for people with Cerebral Palsy and parents of children with Cerebral Palsy". The sales model "Cuckoo's Nest - Specialty of 3 regions" created jobs for 01 parent and 06 people with Cerebral Palsy in Hanoi.

The non-refundable livelihood capital support program for adults with Cerebral Palsy began to be implemented annually along with the strongly developed livelihood loan program to support parents in the southern region with a 0% interest rate.



7. Improving quality of life in children and people with Cerebral Palsy



More than 1,200 children with Cerebral Palsy in difficulty were gifted and rescued aid through sponsorship from Thien Tam Fund, BIDV Bank, Daveco Group, Khai Minh Group, and other partners, which contributes to improving the quality of life in children with Cerebral Palsy.

“Emergency Hardship Assistance” was started implementing for children with Cerebral Palsy who experience long-term hospitalization and has supported nearly 100 children.

“Bao tro Gia dinh Sieu nhan” has entered its 5th year, sponsoring 113 children with Cerebral Palsy every month in 2023 living in families with especially difficult circumstances.

“Mai am Gia dinh Sieu nhan” provides free accommodation for children with Cerebral Palsy and is sponsored by Daveco Group, welcoming nearly 500 families to stay in 2023.



8. Building and development of a nationwide network

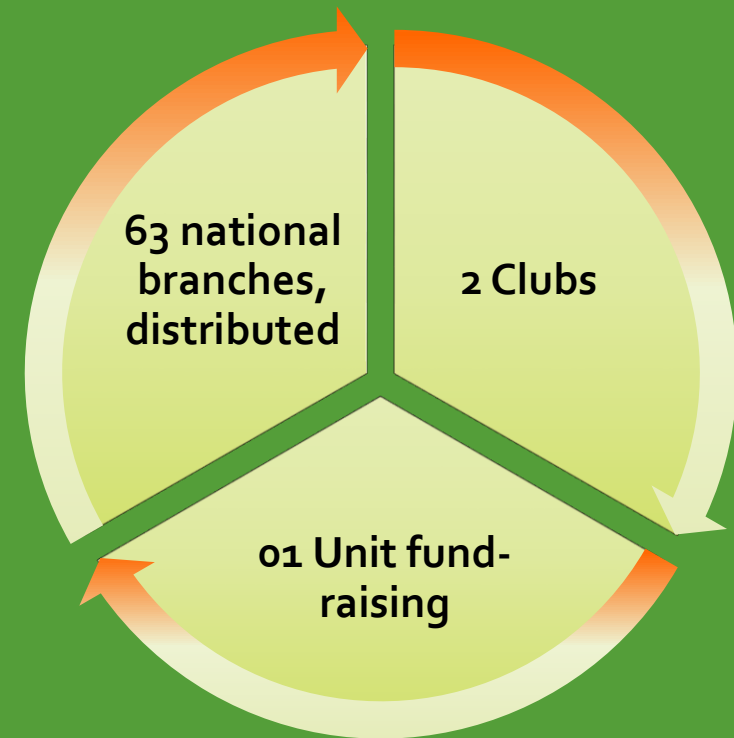
In addition to organizing consolidation and training, CPFVAV expanded a parenting network across provinces and cities nationwide in 2023 to foster the association more sustainably.

The current CPFVAV network includes:

63 national branches, distributed into three regions with an Office directing the operations of each;

2 Clubs: Inclusion and Vocational Counseling for Children with Cerebral Palsy Club and Adults Living with Cerebral Palsy Club;

01 Unit fund-raising: GoGreen social enterprise



9. Strong development of international cooperation



CPFAV continues to strengthen its role as a member and participate in many activities of the International Cerebral Palsy Society (ICPS).

The partnership with the Cerebral Palsy Alliance (CPA) was founded on the support commitment to CPFAV, and the CPA Board of Directors agreed to build a thriving community of families, children, and people with CP in Vietnam. CPFAV accepted an invitation to visit CPA's headquarters in Australia in July 2023, and CPA representatives made some trips to CPFAV in September and November 2023 to acknowledge the effort to reinforce the cooperative relations between the two organizations.

Supportive relationships with the Stryker Company, the University of Sydney and The Children's Hospital at Westmead (Australia) were built to continue implementing programs for children with Cerebral Palsy in Vietnam.

10. Active participation in scientific research and training

In 2023, CPFAV was involved in many international and domestic studies and presentations on cerebral palsy. Participated in 2 projects at the University of Sydney (Australia) and Children's Hospital at Westmead (Australia), 01 Ph.D. thesis and 01 Master's thesis; 10 forum presentations at important sections on Cerebral Palsy at the Vietnam National Children's Hospital, Ho Chi Minh City Orthopedics, and Rehabilitation Hospital, continuing to implement capacity building activities for parents and staff about children with disabilities at training courses organized by the Children's Department.



CPFAV - WHO WE ARE

Cerebral Palsy Family Association Vietnam (abbreviated as CPFAV, affectionately called "Superman Family") is an organization jointly established by parents of children with Cerebral Palsy (CP) on September 22, 2017. The association is a member of the Vietnam Federation on Disability accorded to Decision No. 06/QĐ-LHH dated January 15, 2020, and a member of the International Cerebral Palsy Society (ICPS).

Currently, CPFAV is a large community of families, children, and people with cerebral palsy, with over 4,500 members; a network of 63 branches in provinces and cities across the country.



It's almost the time of the year we would like to express our gratitude to you from Vietnam and warmly wish you nothing but the best as the new year approaches.

Thank you for being a close friend of the Cerebral Palsy Family Association Vietnam (CPFAV) and always supporting us during the past year. We expect our relationship will become even stronger in 2024 to contribute together to realize our mission: Taking steps to bring the best things to families, children, and people with Cerebral Palsy.

Once again, we hope you and your family have a merry Christmas and a happy new year filled with health, wealth, and joy.

Best regards,
CPFAV.

